

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



Pomeroy Rochester Memory Care

<p>10:00 – 12:00 Beacon of Light 2 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Music Therapy 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Aroma Therapy 6:00 Evening Potpourri</p>	<p>10:00 – 12:00 Beacon of Light 3 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Jigsaw Puzzles 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Friendly Visits 6:00 Hand Massages</p>	<p>10:00 – 12:00 Beacon of Light 4 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Aqua Painting 2:00 – 4:00 Beacon of Light 3:00 Ball Drumming 4:00 Friendly Visits 6:00 Bean Bag Toss</p>	<p>10:00 – 12:00 Beacon of Light 5 10:30 Morning Stretch 11:00 Daily Chronicles 2:00 – 4:00 Beacon of Light 2:00 Cooking Class 3:00 Snack Corner 4:00 Friendly Visits 6:00 Balloon Volleyball</p>	<p>10:00 – 12:00 Beacon of Light 6 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2:00 – 4:00 Beacon of Light 3:00 Cookie Cart 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 7 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Finish the Phrase 2:00 – 4:00 Beacon of Light 3:00 Root Beer Float Social 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 1 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Coloring 2:00 – 4:00 Beacon of Light 3:00 Social Saturday: New Year's Day Social! 4:00 Aroma Therapy New Year's Day</p>	
<p>10:00 – 12:00 Beacon of Light 9 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Music Therapy 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Aroma Therapy 6:00 Evening Potpourri</p>	<p>10:00 – 12:00 Beacon of Light 10 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Jigsaw Puzzles 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Friendly Visits 6:00 Hand Massages</p>	<p>10:00 – 12:00 Beacon of Light 11 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Aqua Painting 2:00 – 4:00 Beacon of Light 3:00 Ball Drumming 4:00 Friendly Visits 6:00 Bean Bag Toss</p>	<p>10:00 – 12:00 Beacon of Light 12 10:30 Morning Stretch 11:00 Daily Chronicles 2:00 – 4:00 Beacon of Light 2:00 Cooking Class 3:00 Snack Corner 4:00 Friendly Visits 6:00 Balloon Volleyball</p>	<p>10:00 – 12:00 Beacon of Light 13 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2:00 – 4:00 Beacon of Light 3:00 Cookie Cart 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 14 10:30 Morning Stretch 11:00 Daily Chronicles 1:30 Entertainment in AL! 2:00 – 4:00 Beacon of Light 3:00 Root Beer Float Social 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 8 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Coloring 2:00 – 4:00 Beacon of Light 3:00 Social Saturday: Popcorn Social! 4:00 Aroma Therapy 6:00 Hand Massages</p>	
<p>10:00 – 12:00 Beacon of Light 16 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Music Therapy 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Aroma Therapy 6:00 Evening Potpourri</p>	<p>10:00 – 12:00 Beacon of Light 17 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Jigsaw Puzzles 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Friendly Visits 6:00 Hand Massages Martin Luther King Jr. Day</p>	<p>10:00 – 12:00 Beacon of Light 18 10:30 Morning Stretch 11:00 Daily Chronicles 2:00 Entertainment in AL! 2:00 – 4:00 Beacon of Light 3:00 Ball Drumming 4:00 Friendly Visits 6:00 Bean Bag Toss</p>	<p>10:00 – 12:00 Beacon of Light 19 10:30 Morning Stretch 11:00 Daily Chronicles 2:00 – 4:00 Beacon of Light 2:00 Tea Party! 3:00 Snack Corner 4:00 Friendly Visits 6:00 Balloon Volleyball</p>	<p>10:00 – 12:00 Beacon of Light 20 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2:00 – 4:00 Beacon of Light 3:00 Cookie Cart 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 21 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Finish the Phrase 2:00 – 4:00 Beacon of Light 3:00 Root Beer Float Social 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 15 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Coloring 2:00 – 4:00 Beacon of Light 3:00 Social Saturday: Strawberry Soda's! 4:00 Aroma Therapy 6:00 Hand Massages</p>	
<p>10:00 – 12:00 Beacon of Light 23 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Music Therapy 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Aroma Therapy 6:00 Evening Potpourri Activity Professionals Week</p>	<p>10:00 – 12:00 Beacon of Light 24 10:30 Morning Stretch 11:00 Daily Chronicles 1:30 Entertainment in AL! 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Friendly Visits 6:00 Hand Massages</p>	<p>10:00 – 12:00 Beacon of Light 25 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Aqua Painting 2:00 – 4:00 Beacon of Light 3:00 Ball Drumming 4:00 Friendly Visits 6:00 Bean Bag Toss</p>	<p>10:00 – 12:00 Beacon of Light 26 10:30 Morning Stretch 11:00 Daily Chronicles 2:00 – 4:00 Beacon of Light 2:00 Cooking Class 3:00 Snack Corner 4:00 Friendly Visits 6:00 Balloon Volleyball Australia Day (observed)</p>	<p>10:00 – 12:00 Beacon of Light 27 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2:00 – 4:00 Beacon of Light 3:00 Cookie Cart 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 28 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Finish the Phrase 2:00 – 4:00 Beacon of Light 3:00 Root Beer Float Social 4:00 Friendly Visits 6:00 Evening Movie</p>	<p>10:00 – 12:00 Beacon of Light 22 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Coloring 2:00 – 4:00 Beacon of Light 3:00 Social Saturday: Ice Cream Social! 4:00 Aroma Therapy 6:00 Hand Massages</p>	
<p>10:00 – 12:00 Beacon of Light 30 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Music Therapy 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Aroma Therapy 6:00 Evening Potpourri</p>	<p>10:00 – 12:00 Beacon of Light 31 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Jigsaw Puzzles 2:00 – 4:00 Beacon of Light 3:00 Snack Corner 4:00 Friendly Visits 6:00 Hand Massages</p>	<p>Location Key: AR: Activity Room SR: Sunroom PZ: Puzzle Room FD: Front Desk CM: Cinema</p>				<p>10:00 – 12:00 Beacon of Light 29 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Coloring 2:00 – 4:00 Beacon of Light 3:00 Social Saturday: Love-a-Latte Social 4:00 Aroma Therapy 6:00 Hand Massages</p>	
<p align="center">**All Activities are Subject to Change**</p>							