

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Pomeroy Living Independent



	<h1>January 2022</h1> <p>Pomeroy Living Independent</p>					
<p>12:00 Sunday Mass PR 1:30 Sit & Stretch PR 2:30 Bible Trivia w Marilyn BL 3:00 BINGO AR 4:00 Hollywood Days C 6:00 Five Crown (Rummy Style) AR</p>	<p>JRR Tolkien Birthday 9:30 – 10:30 Book Mobile 11:00 non-Denominational Good Life Church PR 12:00 BINGO AR 1:15 Exercise TheraBand's PR 3:00 – 4:00 Happy Hour BR 3:30 – 4:30 Tech Class AR 6:30 Rosary PR</p> <p>Take Down Christmas Decorations TBA</p>	<p>10:30 – 11:30 Flower Arranging BR 11:30 Bowling Team 6 TV 11:30 Sacred Heart Church Scripture/Communion PR 1:00 Bowling Team 1 TV 1:30 Bridge AR 1:45 Spiritual Group Jesus Calling PR 2:15 Strength Training w Lauren PR 3:00 – 4:00 Happy Hour Elvis' s Favorite Sandwiches BR 6:00 Hollywood Nights C 6:30 Pinochle AR</p>	<p>11:15 Music Listening Country C 11:30 Bowling Team 7 TV 12:00 Bible Study w Verna PR 12:30 Ex. Chair Fit & Fun w/Suzie DR 1:00 Blood Pressure Check - EC 2:00- 4:00 Happy Hour/Elvis Favorite Food Hotdogs BR 6:00 Hollywood Nights C 6:30 Euchre AR</p>	<p>11:30 Bowling Team 3 TV 1:00 Sit & Stretch PR 1:00 Bowling Team10 TV 1:30 BINGO AR 3:00 – 4:00 Happy Hour Elvis/50's Trivia BR 6:00 Phase 10 BR 6:00 Poker Night AR 6:30 Hymn for Him w Susan C</p>	<p>11:30 Bowling Team 9 TV 11:45 Choir Meeting PR 1:00 Chair Yoga/Oil PR 1:30 Happy Hour Elvis Music & Root Beer Floats – Elvis performance DR 6:00 Hollywood Nights C 6:00 Hand & Foot BR</p>	<p>11:45 Coffee/Sudoku AR 12:30 Sit & Stretch C 1:00 Bowling Team 2 TV 1:15 Bingo AR 3:00 Putting - AR 6:00 Left Center Right AR 6:00 Hollywood Nights Lord of the Rings Fellowship of the Rings C</p> <p>New Year's Day</p>
<p>12:00 Sunday Mass PR 1:30 Sit & Stretch PR 2:30 Bible Trivia w Marilyn BL 3:00 BINGO AR 4:00 Hollywood Days C 6:00 Five Crown (Rummy Style) AR</p>	<p>9:30 – 10:30 Book Mobile 11:30 Coffee & News BR 12:30 Seminar: Toolbox for Stress (See Flyer) C 1:00 Exercise TheraBand's PR 3:00 – 4:00 Happy Hour Meet New Resident BR 3:30 – 4:30 Tech Class AR 6:30 Rosary PR</p>	<p>10:30 – 11:30 Flower Arranging BR 11:30 Bowling Team 6 TV 11:30 Sacred Heart Church Scripture/Communion PR 1:00 Bowling Team Tournament TV 1:30 Bridge AR 2:15 Strength Training w Lauren 3:00 – 4:00 Happy Hour BR 6:00 Hollywood Nights C 6:30 Pinochle AR</p>	<p>Superhero's Day 11:30 Bowling Tournament (See Flyer) TV 1:00 Sit & Stretch PR 1:00 Blood Pressure Check - EC 2:00 Resident Council DR 3:00- 4:00 Happy Hour BR 6:00 Hollywood Nights C 6:30 Euchre AR</p> <p>Dress up like a Superhero today!</p>	<p>11:30 Bowling Team 3 TV 11:45 Hook on YARN for Charity AR 1:00 Ex. Hand Weights/Balance PR 1:00 Bowling Tournament (See Flyer) TV 1:30 BINGO AR 3:00 – 4:00 Happy Hour BR 6:00 Hollywood Nights C 6:00 Phase 10 BR 6:00 Poker Night AR</p>	<p>11:30 Bowling Tournament (See Flyer) TV 11:45 Choir Practice PR 12:30 Chair Yoga w Joyce DR 2:00 Happy Hour w Jeff C. DR 3:30 Bowling Awards Ceremony BR 6:00 Hollywood Nights C 6:00 Hand & Foot BR</p>	<p>11:45 Coffee/Crosswords AR 12:30 Sit & Stretch C 1:00 Bowling Team 2 TV 1:15 Bingo AR 3:00 Karaoke Fun - BR 6:00 Hollywood Nights - Lord of the Rings 2 Towers C 6:00 Mexican Train (Tile Game)</p>
<p>12:00 Sunday Mass PR 1:00 Sudoku AR 1:30 Sit & Stretch PR 2:30 Bible Trivia w Marilyn BL 3:00 BINGO AR 4:00 Hollywood Days C 6:00 Five Crown (Rummy Style) AR</p>	<p>9:30 -10:30 Book Mobile 11:00 non-Denominational Good Life Church PR 11:30 Doc Martin Luther King C 12:00 BINGO AR 1:00 Exercise TheraBand's PR 3:00 – 4:00 Happy Hour BR 3:30 – 4:30 Tech Class AR 6:00 Rosary PR</p> <p>Martin Luther King Jr. Day</p>	<p>10:30 – 11:30 Flower Arranging BR 11:30 Bowling Team 6 TV 11:30 Sacred Heart Church Scripture/Communion PR 1:00 Bowling Team 1 TV 2:15 Strength Training w Lauren PR 3:00 – 4:00 Happy Hour History Discussion/ Ben Franklin BR 6:00 Hollywood Nights C 6:30 Pinochle AR</p>	<p>Pajama Party Day 11:15 Music Listening Jazz C 11:30 Bowling Team 7 TV 12:00 Bible Study w Verna PR 1:00 Blood Pressure Check - EC 12:30 Ex. Chair Fit & Fun w/Suzie DR 3:00- 4:00 Happy Hour Wear your PJ's BINGO BR 6:00 Hollywood Nights C 6:30 Euchre AR</p>	<p>11:30 Bowling Team 3 TV 12:00 Bus: Moose Preserve P 1:00 Bowling Team10 TV 1:30 BINGO AR 3:00 – 4:00 Happy Hour BR 6:00 Hollywood Nights C 6:00 Phase 10 BR 6:00 Poker Night AR 6:30 Hymn for Him w Susan C</p>	<p>11:30 Bowling Team 9 TV 11:45 Choir Practice PR 12:30 Chair Yoga w Joyce DR 2:00 3:00 Happy Hour Steve Floyd DR 6:00 Hollywood Nights C 6:00 Hand & Foot BR</p>	<p>11:45 Coffee/Sudoku AR 12:30 Sit & Stretch C 1:00 Bowling Team 2 TV 1:15 Bingo AR 3:00 Adult Coloring AR 6:00 Hollywood Nights C – Lord of the Rings: The return of the King 6:00 Left Center Right AR</p>
<p>12:00 Sunday Mass PR 1:30 Sit & Stretch PR 2:30 Bible Trivia w Marilyn BL 3:00 BINGO AR 4:00 Hollywood Days C 6:00 Five Crown (Rummy Style) AR</p> <p>Activity Professionals Week</p>	<p>COMPLIMENT DAY 9:30 – 10:30 Book Mobile 11:30 Coffee & News BR 12:00 BINGO AR 1:00 Exercise TheraBand's PR 2:00 Travel to Australia C 3:00 – 4:00 Happy Hour BR 3:30 – 4:30 Tech Class AR 6:30 Rosary PR</p>	<p>10:30 –11:30 Flower Arranging BR 11:30 Bowling Team 6 TV 11:30 Sacred Heart Church Scripture/Communion PR 1:00 Bowling Team 1 TV 2:15 Strength Training w Lauren PR 3:00 – 4:00 Happy Hour Australian Animals BR 6:00 Hollywood Nights C 6:30 Pinochle AR</p>	<p>11:15 Music Listening MOZART C 11:30 Bowling Team 7 TV 12:30 Book Club PR 1:00 Blood Pressure Check - EC 1:00 Ball Drumming DR 2:00 Australian Culture DR 6:00 Hollywood Nights C 6:30 Euchre AR</p> <p>Australia Day (observed)</p>	<p>11:30 Bowling Team 3 TV 11:45 Hook on YARN for Charity AR 1:00 Bowling Team10 TV 1:30 BINGO AR 3:00 Australian Scavenger Hunt BR 6:00 Hollywood Nights C 6:00 Phase 10 BR 6:00 Poker Night AR</p>	<p>National Photo Bomb Day 11:30 Bowling Team 9 TV 12:00 Auction DR 2:00 -3:00 Happy Hour – Photo Bomb 6:00 Hollywood Nights C 6:00 Hand & Foot BR</p>	<p>11:45 Coffee/Crosswords AR 12:30 Sit & Stretch C 1:00 Bowling Team 2 TV 1:15 Bingo AR 3:00 Karaoke Fun - BR 6:00 Hollywood Nights C 6:00 Mexican Train (Tile Game)</p>
<p>12:00 Sunday Mass PR 1:30 Sit & Stretch PR 2:00 Reminiscing Family BL 2:30 Bible Trivia w Marilyn BL 3:00 BINGO AR 4:00 Hollywood Days C 6:00 Five Crown (Rummy Style) AR</p>	<p>Backwards Day 9:30 – 10:30 Book Mobile 11:30 Coffee & News BR 12:00 BINGO AR 1:00 Exercise TheraBand's PR 3:00 – 4:00 Happy Hour BR 3:30 – 4:30 Tech Class AR 6:30 Rosary PR</p>	<p>We wish you and your families joyful, bright, healthy, prosperous, and happiest new year ahead!</p> <p>Happy New Year 2022!</p>				