

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Pomeroy Rochester Assisted Living



9:00 Morning Chronicles **1**
 10:30 Fit for Life – SR
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:00 PO-KE-NO – AR
2:00 Social Saturday: New Year's Day Social! – AR
 3:30 Bingo – PZ
 New Year's Day

9:00 Morning Chronicles **2**
 10:30 Fit for Life – SR
 11:00 Ring Toss – SR
 11:30 Walking Club – FD
 1:00 Roll A Number – AR
 2:00 Name that Tune – AR
 3:00 Cookie Time – AR
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

9:00 Morning Chronicles **3**
 10:30 Fit for Life – SR
 11:00 Bowling – SR
 11:30 Walking Club – FD
 1:00 Wii Bowling – AR
 2:00 Kings in the Corner – AR
 2:30 Hot Cocoa Social – AR
 3:30 Bingo – PZ
 6:30 Trivia – AR

9:00 Morning Chronicles **4**
 10:30 Fit for Life – SR
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:30 Fancy Nails/Essential Oil Hand Massages – PZ
 2:00 Flower Arranging – PZ
 3:30 Bingo – PZ
 6:30 Short Stories – AR

9:00 Morning Chronicles **5**
 10:30 Fit for Life – SR
 11:00 Balloon Volleyball – SR
 11:30 Walking Club – FD
1:30 Ice Cream Outing! – FD
 2:00 Cooking Class – AR
 2:30 Left, Right, Center – AR
 3:30 Bingo – PZ
 6:30 Finish the Line – AR

9:00 Morning Chronicles **6**
 10:30 Walking Club – FD
 11:15 Exercise with Lauren
1:00 Therapy Dogs Visit – AR
 2:00 Catholic Rosary Video - CM
 2:30 Ball Drumming – SR
 3:00 Coffee & Teatime – AR
 3:30 Rummikub – AR
 6:30 Evening Bingo – AR

9:00 Morning Chronicles **7**
 10:30 Fit for Life – SR
 11:00 Catholic Mass – Chapel
 11:30 Walking Club – FD
 1:30 Horse Racing – AR
 2:30 Root Beer Float Social
 3:00 What am I? – AR
 3:30 Bingo – PZ
 6:30 You Be the Judge – AR

10:30 Fit for Life – SR **8**
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:00 PO-KE-NO – AR
2:00 Social Saturday: Popcorn Social! – Bistro
 2:30 Coloring Pages – PZ
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

9:00 Morning Chronicles **9**
 10:30 Fit for Life – SR
 11:00 Ring Toss – SR
 11:30 Walking Club – FD
 1:00 Roll A Number – AR
 2:00 Name that Tune – AR
 3:00 Cookie Time – AR
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

9:00 Morning Chronicles **10**
 10:30 Fit for Life – SR
 11:00 Bowling – SR
 11:30 Walking Club – FD
 1:00 Wii Bowling – AR
 2:00 Kings in the Corner – AR
 2:30 Hot Cocoa Social – AR
 3:30 Bingo – PZ
 6:30 Trivia – AR

9:00 Morning Chronicles **11**
 10:30 Fit for Life – SR
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:30 Fancy Nails/Essential Oil Hand Massages – PZ
 2:00 Flower Arranging – PZ
 3:30 Bingo – PZ
 6:30 Short Stories – AR

9:00 Morning Chronicles **12**
 10:30 Fit for Life – SR
 11:00 Balloon Volleyball – SR
11:00 Lunch Outing! – FD
 1:30 Scattegories – AR
 2:00 Crafter's Corner – PZ
 2:30 Men's Club – EDR
 3:30 Bingo – PZ
 6:30 Finish the Line – AR

9:00 Morning Chronicles **13**
 10:30 Walking Club – FD
 11:15 Exercise with Lauren
 1:00 Travelogue Series – CM
 2:00 Catholic Rosary Video - CM
 2:30 Ball Drumming – SR
 3:00 Coffee & Teatime – AR
 3:30 Yahtzee – AR
 6:30 Evening Bingo – AR

10:30 Fit for Life – SR **14**
 11:00 Catholic Mass – Chapel
 11:30 Walking Club – FD
1:30 Entertainment with D&A Duo! – AR
 2:30 Root Beer Float Social
 3:00 What am I? – AR
 3:30 Bingo – PZ
 6:30 You Be the Judge – AR

10:30 Fit for Life – SR **15**
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:00 PO-KE-NO – AR
2:00 Social Saturday: Strawberry Soda's! – Bistro
 2:30 Coloring Pages – PZ
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

9:00 Morning Chronicles **16**
 10:30 Fit for Life – SR
 11:00 Ring Toss – SR
 11:30 Walking Club – FD
 1:00 Roll A Number – AR
 2:00 Name that Tune – AR
 3:00 Cookie Time – AR
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

9:00 Morning Chronicles **17**
 10:30 Fit for Life – SR
 11:00 Bowling – SR
 11:30 Walking Club – FD
 1:00 Wii Bowling – AR
2:00 MLK Trivia – AR
 2:30 Hot Cocoa Social – AR
 3:30 Bingo – PZ
 Martin Luther King Jr. Day

9:00 Morning Chronicles **18**
 10:30 Fit for Life – SR
 11:00 Cornhole – SR
 11:30 Walking Club – FD
1:30 Entertainment with Gary Pillow – PZ
 2:00 Flower Arranging – PZ
 3:30 Bingo – PZ
 6:30 Short Stories – AR

9:00 Morning Chronicles **19**
 10:30 Fit for Life – SR
 11:00 Balloon Volleyball – SR
 11:30 Walking Club – FD
 1:30 Scattegories – AR
 2:00 Cooking Class – AR
 2:30 Left, Right, Center – AR
 3:30 Bingo – PZ
 6:30 Finish the Line – AR

9:00 Morning Chronicles **20**
 10:30 Walking Club – FD
 11:15 Exercise with Lauren
 1:00 Travelogue Series – CM
 2:00 Catholic Rosary Video - CM
2:30 Resident Council – AR
 3:00 Coffee & Teatime – AR
 3:30 Ball Drumming – SR
 6:30 Evening Bingo! – AR

9:00 Morning Chronicles **21**
 10:30 Fit for Life – SR
 11:00 Catholic Mass – Chapel
 11:30 Walking Club – FD
 1:30 Horse Racing – AR
 2:30 Root Beer Float Social
 3:00 What am I? – AR
 3:30 Bingo – PZ
 6:30 You Be the Judge – AR

10:30 Fit for Life – SR **22**
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:00 PO-KE-NO – AR
2:00 Social Saturday: Ice Cream Social! – Bistro
 2:30 Coloring Pages – PZ
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

10:30 Fit for Life – SR **23**
 11:00 Ring Toss – SR
 11:30 Walking Club – FD
 1:00 Roll A Number – AR
 2:00 Name that Tune – AR
 3:00 Cookie Time – AR
 3:30 Bingo – PZ
 6:30 Evening Movie – CM
 Activity Professionals Week

9:00 Morning Chronicles **24**
 10:30 Fit for Life – SR
 11:00 Bowling – SR
 11:30 Walking Club – FD
1:30 Entertainment with Gary Richards! – AR
 2:30 Hot Cocoa Social – AR
 3:30 Bingo – PZ
 6:30 Trivia – AR

9:00 Morning Chronicles **25**
 10:30 Fit for Life – SR
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:30 Fancy Nails/Essential Oil Hand Massages – PZ
 2:00 Flower Arranging – PZ
 3:30 Bingo – PZ
 6:30 Short Stories – AR

10:30 Fit for Life – SR **26**
 11:00 Balloon Volleyball – SR
11:00 Lunch Outing! – FD
 1:30 Scattegories – AR
 2:00 Crafter's Corner – PZ
 2:30 Men's Club – EDR
 3:30 Bingo – PZ
 6:30 Finish the Line – AR
 Australia Day (observed)

9:00 Morning Chronicles **27**
 10:30 Walking Club – FD
 11:15 Exercise with Lauren
 1:00 Travelogue Series – CM
 2:00 Catholic Rosary Video - CM
 2:30 Ball Drumming – SR
 3:00 Coffee & Teatime – AR
 3:30 PO-KE-NO – AR
 6:30 Evening Bingo – AR

9:00 Morning Chronicles **28**
 10:30 Fit for Life – SR
 11:00 Catholic Mass – Chapel
 11:30 Walking Club – FD
 1:30 Horse Racing – AR
 2:30 Root Beer Float Social
 3:00 What am I? – AR
 3:30 Bingo – PZ
 6:30 You Be the Judge – AR

10:30 Fit for Life – SR **29**
 11:00 Cornhole – SR
 11:30 Walking Club – FD
 1:00 PO-KE-NO – AR
2:00 Social Saturday: Love-a-Latte Social – Bistro
 2:30 Coloring Pages – PZ
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

9:00 Morning Chronicles **30**
 10:30 Fit for Life – SR
 11:00 Ring Toss – SR
 11:30 Walking Club – FD
 1:00 Roll A Number – AR
 2:00 Name that Tune – AR
 3:00 Cookie Time – AR
 3:30 Bingo – PZ
 6:30 Evening Movie – CM

9:00 Morning Chronicles **31**
 10:30 Fit for Life – SR
 11:00 Bowling – SR
 11:30 Walking Club – FD
 1:00 Wii Bowling – AR
 2:00 Kings in the Corner – AR
 2:30 Hot Cocoa Social – AR
 3:30 Bingo – PZ
 6:30 Trivia – AR



January Birthday's:
 January 12th – Georgia P.
 January 16th – Pat R.
 January 24th – John R.

Location Key:
 AR: Activity Room
 SR: Sunroom
 PZ: Puzzle Room
 FD: Front Desk
 CM: Cinema

**** All Activities are Subject to Change ****

