

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



Pomeroy Living

										<p>1</p> <p>9:30 Beacon of Light 10:00 January Activity Boards and Calendars on Units 11:00 Monthly Gazette (DDR) 2:00 Good Intentions for 2022 4:00 New Years' Puzzles and Coloring Activities <small>New Year's Day</small></p>			
<p>2</p> <p>9:30 Beacon of Light 10:30 Virtual Church 11:30 Sunday Social 2:00 Manicures (CDR) 3:00 Manicures (DDR) 4:00 Activity Visits 6:30 Social Game (CDR)</p>	<p>3</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Monday Moves & Exercises 2:00 Cooking Discussion 4:00 Social Visits 6:30 Elvis Songs Music Fun (CDR)</p>	<p>4</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Better Your Brain Trivia (DDR) 2:00 Bingo (CDR) 4:00 Card Games (DDR)</p>	<p>5</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Balloon Toss (CDR/DDR) 2:00 Cooking Group (CDR) 4:00 Activity Visits 6:30 Aromatherapy: (DDR) Relaxation Evening Program</p>	<p>6</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Rosary (CDR/DDR) 2:00 Bingo (CDR) 4:00 Card Games (DDR)</p>	<p>7</p> <p>9:30 Beacon of Light 10:00 Futuristic Friday Activity (CDR/DDR) 11:00 Coffee & Conversations 2:00 Happy Hour (CDR) 4:00 Social Visits 6:30 Game Night (CDR) 8:00 Friday Movie on Ch. 29</p>	<p>8</p> <p>9:30 Beacon of Light 10:00 Communion Visits / Morning Club Activities 11:00 Weekend Fitness 2:00 Social Games (CDR) 4:00 Recreation Cart</p>	<p>9</p> <p>9:30 Beacon of Light 10:30 Spiritual Morning Prayers (DDR) 11:30 Sunday Social 2:00 Pokeno (CDR) 4:00 Activity Visits</p>	<p>10</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Mind/Body Fitness 2:00 Name That Tune (CDR) 4:00 Social Visits 6:30 Trivia Night (CDR)</p>	<p>11</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Coffee & Conversations (CDR/DDR) 2:00 Bingo (CDR) 4:00 Backwards Rummy Card Games (DDR)</p>	<p>12</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Seated Yoga 2:00 Manicures (CDR) 3:00 Manicures (DDR) 6:30 Color or Paint by Number Sessions (DDR)</p>	<p>13</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Exercise Group 2:00 Bingo (CDR) 4:00 Card Games (DDR)</p>	<p>14</p> <p>9:30 Beacon of Light 10:00 Wintertime Memories Day (CDR/DDR) 11:00 Friday Fitness 2:00 Cocoa & Conversations 4:00 Social Visits 6:30 Winter Movie & Popcorn</p>	<p>15</p> <p>9:30 Beacon of Light 10:00 Communion Visits / Morning Club Activities 11:00 Weekend Fitness 2:00 Zebra Bingo (CDR) 4:00 Recreation Cart</p>
<p>16</p> <p>9:30 Beacon of Light 10:30 Virtual Worship Service 11:30 Sunday Social 2:00 Manicures (CDR) 3:00 Manicures (DDR) 4:00 Activity Visits</p>	<p>17</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Fitness Dice 2:00 MLK Day Program 4:00 Social Visits 6:30 Aromatherapy: (CDR) Relaxation Evening Program <small>Martin Luther King Jr. Day</small></p>	<p>18</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Better Your Brain Trivia (DDR) 2:00 Resident Council (CDR) 4:00 Card Games (DDR)</p>	<p>19</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Balloon Toss (CDR/DDR) 2:00 Paint & Sip (CDR) 4:00 Activity Visits 6:30 Pizza Party (CDR)</p>	<p>20</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Dance with Brittany (CDR) 2:00 Bingo (CDR) 4:00 Zero Difference Dice Game (DDR)</p>	<p>21</p> <p>9:30 Beacon of Light 10:00 Disco Day (CDR/DDR) 11:00 Coffee & Conversations 2:00 January Birthday Party (CDR) 4:00 Social Visits 6:30 Game Night (DDR) 8:00 Friday Movie on Ch. 29</p>	<p>22</p> <p>9:30 Beacon of Light 10:00 Communion Visits / Morning Club Activities 11:00 Weekend Fitness 2:00 Card Games (CDR) 4:00 Recreation Cart</p>							
<p>23</p> <p>9:30 Beacon of Light 10:30 Spiritual Puzzle and Discussions 11:30 Sunday Social 2:00 Weekend Bingo (CDR) 4:00 Activity Visits <small>Activity Professionals Week</small></p>	<p>24</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Mind/Body Fitness 2:00 Z to A Musical Trivia (CDR) 4:00 Social Visits 6:30 Men's Night (CDR)</p>	<p>25</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Coffee & Conversations (CDR/DDR) 1:30 Outing to Walmart 4:00 Card Games (DDR)</p>	<p>26</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Rock n' Roll Fitness 2:00 Art Therapy with Jen 6:30 Zambian Safari Travel Group Discussion & Activity (DDR) <small>Australia Day (observed)</small></p>	<p>27</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Rosary (CDR/DDR) 2:00 Bingo (CDR) 4:00 Card Games (DDR)</p>	<p>28</p> <p>9:30 Beacon of Light 10:00 Eiffel Tower Day (CDR/DDR) 11:00 Friday Fitness 2:00 Manicures (CDR) 3:00 Manicures (DDR) 6:30 Game Night (CDR) 8:00 Friday Movie on Ch. 29</p>	<p>29</p> <p>9:30 Beacon of Light 10:00 Communion Visits / Morning Club Activities 11:00 Weekend Fitness 2:00 Dice Games (CDR) 4:00 Recreation Cart 6:30 Winter Poetry (DDR)</p>							
<p>30</p> <p>9:30 Beacon of Light 10:30 Piano Hymns and Spiritual Songs 11:30 Sunday Social 2:00 Manicures (CDR) 3:00 Manicures (DDR) 4:00 Activity Visits 6:30 Social Game (CDR)</p>	<p>31</p> <p>9:30 Beacon of Light 10:00 Morning Club 11:00 Fitness Dice 2:00 Active Games (CDR) 4:00 Social Visits 6:30 Zen Painting & Relaxation (DDR)</p>	<p>Daily Beacon of Light Program – Christie Dayroom at 9:30am and 1:00pm</p> <p>CDR = Christie Dining Room DDR = Devon Dining Room RT = Rose Terrace</p> <p>Morning Club and Exercise sessions located in unit dayrooms at scheduled times.</p>											